

## **DR. SHANÉA PATRICE THOMAS, LICSW**

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### **Home and Mailing Address**

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National Provider Identifier (NPI) Number: 1659522522  
Malpractice Insurance (Limits 1,000,000/5,000,000) through the  
National Association of Social Workers (NASW)

*Innovative and bold lecturer and clinician with 15+ years of social work and 10 years of teaching experience on the graduate level. Performed over 60 workshops, facilitations and trainings centering diversity, equity and inclusion, grief and loss, mental health issues, sex and gender, and LGBTQI+ populations. Centers marginalized voices when strategically planning with community organizations and healthcare institutions to shift power, privilege and organizational accountability.*

### **EDUCATION**

#### **University of Southern California, Rossier School of Education, Los Angeles, C.A.**

Ed.D., Organizational Change and Leadership

**May 2021**

Dissertation: *The Dedicated and the Committed: An Examination of Burnout within Peer Support for Transgender, Queer, and Non-Binary Volunteers*

#### **Widener University, Chester, P.A.**

Advanced Graduate Certificate in Human Sexuality Studies

(Coursework Concentration: Education)

**April 2018**

#### **Widener University, Chester, P.A.**

M.Ed., Concentration: Human Sexuality Studies

**May 2017**

#### **Howard University, Washington, D.C.**

M.S.W., Direct Services, Concentration: Families and Children

**May 2006**

#### **Virginia Polytechnic Institute and State University, Blacksburg, V.A.**

B.S., Psychology

**May 2004**

### **ADDITIONAL SUPPLEMENTAL TRAININGS**

#### **Center of Loss and Trauma and MISS Foundation, Online (Sedona, AZ)**

Certified Compassionate Bereavement Care© Provider

**March 2021**

#### **PESI Sponsored: Dialectical Behavior Therapy (DBT), Columbia, M.D.**

*4 Day Intensive Certificate Training*

**June 2019**

**DC Center: Washington, D.C.**  
*Trained HIV Oral Tester*

**January 2011**

**Tai Sophia Institute:** Laurel, M.D.  
*Chakra Energy Bodywork (Courses I-IV)*

**February 2009 – August 2009**

**International Psychotherapy Institute (Metro), Washington D.C.**

- Clinical Seminar (Object Relations Focus) **September 2007 – May 2008**
- Introduction to Psychotherapy Training Program (IPTP) **September 2006 – May 2007**
- Sexual Attitude Reassessment (SAR) Training **September 2006**
- Sex & Sexuality in Contemporary Psychotherapy Training **September 2006–May 2007**
- Clinical Seminar Program **September 2005 – May 2006**
- Couple, Child and Family Institute **July 2006**
  - “Loss, Grief and the Disruption of Intimacy in Couples and Families”
- Couple, Child and Family Institute **July 2005**
  - “Exploring Desire and Envy in Couples and Families”

### HONORS AND AWARDS

**Graduate Student Graduation Speaker**, University of Southern California (Rossier) **May 2021**  
**Jane Addams Teaching Award Runner-Up**, USC School of Social Work **May 2016**  
**Phi Alpha (Social Work Honor Society)**, Howard University **Spring 2006**  
**Phi Sigma Theta National Honor Society**, Virginia Tech **Spring 2004**  
**Alpha Circle of Omicron Delta Kappa National Honor Society**, Virginia Tech **Fall 2003**

### TEACHING EXPERIENCE

**Assistant Clinical Research Professor, University of Maryland, College Park** **Fall 2022**  
 School: School of Public Health  
 Department: Family Science  
*Course:* FMSC 383 – Health and Human Service Delivery and Evaluation

**Senior Lecturer, University of Southern California, Los Angeles** **2011- 2022**  
 School: Suzanne Dworak-Peck School of Social Work  
*Courses:*

- SOWK 543 - Social Work Practice with Individuals I
- SOWK 544 - Social Work Practice with Individuals, Families and Groups
- SOWK 545 - Social Work Practice with Groups, Families and Complex Cases
- SOWK 605 - Human Development and Mental Health
- SOWK 610 - Social Work Practice with Children and Families Across Settings
- SOWK 609 - Introduction to Social Work Practice with Children, Youth, and Families
- SOWK 627 - Policy and Macro Practice in Child, Youth and Family Services
- SOWK 630 - Diversity, Social Justice and Culturally Competent Social Work Practice
- SOWK 643 - Social Work Practice in Integrated Settings
- SOWK 696 - LGBT Psycho/Social/Political Issues

**Guest Didactic Lecturer: North Carolina A&T State University** **March 2021, March 2022**  
*Course:* NCAT Pathway 2 Human Lactation Training Program (inaugural cohort)  
*Presentation Title:* “We All Mess Up (and That’s Ok!): Using Pronouns in Healthcare Settings”

**Guest Lecturer: Columbia University School of Social Work**

**November 2019**

*Course:* Health Care System

*Presentation Title:* “Trauma-Informed, Trans-Inclusive Care of All Bodies”

**Guest Lecturer: Lincoln University**

**March 2018**

*Course:* Grief and Loss

*Presentation Title:* “Grief, Loss and the Creative Use of Assessment and Treatment”

### CURRENT PUBLICATIONS

Thomas, S. P. (2022). *Navigating Roe v. Wade with LGBTQ+ clients*. University of Maryland Prevention Research Center.

Thieleman, K., Cacciatore, J., & Thomas, S. (2022). Impairing Social Connectedness: The Dangers of Treating Grief with Naltrexone. *Journal of Humanistic Psychology*.  
<https://doi.org/10.1177/00221678221093822>

Kink Clinical Practice Guidelines Project. (2019). *Clinical Practice Guidelines for Working with People with Kink Interests*. Retrieved from <https://www.kinkguidelines.com>

Thomas, S. P. (2021). Attachment Theory of Love. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S. P. (2021). Coming Out. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S.P (2021) Gender Roles, Socialization and. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S.P. (2021). Polyamory. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas S.P (2021). Social Learning Theory, Gender and. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S. P. (2019). Being Who You Are Makes You a Change Agent: Making Inclusive Space Online for Growth During Hard Times. In R. Paul Maiden (ed.), *The Transformation of Social Work Education through Virtual Learning Cambridge Scholars Publishing* (pp. 191-204). United Kingdom: Cambridge Scholars Publisher.

### PAST RESEARCH EXPERIENCE

**Center for Applied Behavior Systems (CABS), Blacksburg, V.A.**  
*Undergraduate Research Group*

**2003 - 2004**

- This research group was formed by the Psychology Department at Virginia Tech and directed by E. Scott Geller, Ph.D., in order to increase awareness around issues such as driving and personality (the FLASH Project), social influence and alcohol intake.
- Attended weekly general meetings for project updates and lectures, gaining data entry and verification experience.
- Received training in Driving Simulator video coding and operating breathalyzers for specialized research within the field
- FLASH training - Sponsored by the National Board of Health and the Town of Christiansburg (VA), the FLASH training sessions were used to promote safe driving behavior and better communication on the road using a light to signal to other drivers; Learned how to gain informed consent and collect data from participants within the project.
- Alcohol Research Project - Researchers visited various functions such as fraternity parties, the downtown district of Blacksburg, and football tailgates in order to collect Blood Alcohol Content (BAC). We compared different variables such as location, sex, time, holiday and anxiety in order to see how they affected BAC measures after administering surveys and acquiring informed consent from participants.

### UNDERGRADUATE PAPER PRESENTATIONS

Keene, W.R., B.A., Williamson, K.A., Thomas, S.P., E.H. Froome, & Taliaferro, M.C. (2003) [Paper Presentation]. *Intervening to Reduce Intoxication: Initial Results of a Group Randomized Trial Study.*

Raymond, E.G., Clarke, S.W., Robichaux, C.B., & Thomas, S.P. (2003). [Paper Presentation]. *A Behavioral Approach for Investigating Alcohol Consumption at College Football Tailgate Parties.* Virginia Psychological Association, Tyson's Corner, Virginia, United States

Rayne, S.R., Thomas, S.P., Raymond, E.G., Hirota, T., & Geller, E.S. (2004) [Paper Presentation]. *Unanticipated difficulties encountered in implementing a community-wide intervention to increase positive driving behaviors.* Association for Behavior Analysis, Boston, Massachusetts, United States

Taliaferro, M.C., Savage, L.A., Thomas, S.P., & Glindemann, K.E. (2003, April). [Paper Presentation]. *Celebratory Drinking by University Students on St. Patrick's "Alcoholiday".* Virginia Psychological Association, Tyson's Corner, Virginia, United States

### CURRENT PROFESSIONAL EXPERIENCE

*Current Contract Work in Progress:*

**Trainer and Group Facilitator** **July 2021 – present**  
Wendt Center for Loss and Healing  
Washington, D.C.

**Research Associate and Consultant** **April 2021 – present**  
WhitworthKee Consulting  
Alexandria, VA

**Strategic Planner and Therapeutic Educator (Co-Lead)** **November 2019 – present**

Healthcare and Intersectionality Study  
New York State Department

*Past Contract Work:*

**Emotional Support Consultant: Play “Toni Stone”**

**August 2021 – September 2021**

Arena Stage  
Washington, D.C.

**International Expert and Chair of Quality Assurance Board**

**June 2020 – July 2021**

University of the West Indies  
Online

**Contractor (Lead)**

**February 2020 – April 2020**

Black and LGBTQ Student Satisfaction Study  
Princeton University

*Employment History:*

**University of Maryland, College Park**

**June 2022 - present**

School: School of Public Health

Department: Behavioral and Community Health; Prevention Research Center (PRC)

*LGBTQ+ Training Specialist (Professional Track)*

Through the CDC-funded PRC, this role is responsible for:

- Based on the creation of an evidence-based training (the Sexual and Gender Diversity Learning Community), this role requires designing a multi-layer training program for mental health professionals to build LGBTQ+ competency in practice.
- Coordinating marketing, promotion, and facilitation of the program for direct service providers and organizational adoption
- Research design, data collection, analysis, and reporting findings.

Department: Family Science

*Faculty Appointment: Assistant Clinical Research Professor*

- Appointed within the department to teach Health and Human Service Delivery and Evaluation (FMSC383), which is an overview of the human services delivery system, with a focus on families.
- With hybrid courses, I am responsible for creating accessible and comprehensive courses using Canvas Catalog as the online platform
- Currently having the responsibility of one course in the Fall in Family Science, and one Summer 2023 course in the Behavioral and Community Health department

**University of Southern California**

Los Angeles, C.A.; Remote

**November 2011 – June 2022**

*Senior Lecturer*

- Taught eight courses for graduate-level students located nationally and internationally within the Suzanne Dworak-Peck School of Social Work’s Virtual Academic Center Master’s program
- Communicated with students through Zoom, an online program which allows virtual interaction between students and professors in order to convey lessons around the essential aspects of social work

- Awarded Lead Teacher responsibilities for course SOWK 610 starting Fall 2020 for the VAC, which include overseeing a team of 2-6 professors, updating course material online, assisting in problem solving and completing evaluations of the other professors around classroom and overall performance.
- With the assistance of 2U, the program's technology developer, I have reconstructed the SOWK 609 from Spring to Summer 2019 with new and updated curriculum material, improved syllabus, and new video content in partnership with the on-ground instructor
- Former member of the *MSW Diversity Redesign Ad Hoc Committee*, with the main purpose of the committee is to identify how equity, diversity, and inclusion can enhance the school's diversity course
- Former member of the *Children, Youth and Family (CYF) Department's Curriculum Council*, which helps build, develop, and implement curriculum across the department
- Former selected member of the *Equity, Diversity, and Inclusion (EDI) Committee*, a 12-member committee whose key charge is to ensure that the school is advancing in their efforts around diversity, equity and inclusion for the school as a whole.
- Former Lead Teacher for Course SOWK 609 from Fall 2017 to Summer 2020 for the VAC
- Former Active member of the Positive Climate Committee (April 2018), where the primary focus is discussing how topics such as sexual harassment, diversity and inclusion affect the school environment, and what plans can be created to actively combat current and future issues
- Former Admission Review Committee Member: Assessed graduate applications from potential applicants applying to USC's School of Social Work for competence, commitment, and knowledge of social work ethics and values for online and on-campus admission
- Co-Facilitator for the *Race + Equity + Well-being Program*: This series of webinars and facilitated group discussions sponsored by USC's Employee Engagement and Communications Department allows for learning and processing in smaller groups around race, equity and well-being for employees across schools and departments.

**Whitman-Walker Health, Washington, D. C.**

**July 2015 – April 2021**

*Youth Psychotherapist; Behavioral Health Department*

- Sponsored through the Office of Victim Services of Washington, D.C. as a psychotherapist to provide assessments, individual and group therapy, and other services to LGBTQI youth who are survivors of trauma and violent crimes in Washington, D.C. and surrounding areas
- Was responsible for setting up appointments and making reminder calls for clients in order to help encourage full participation within the individual and group programming
- Created educational material pertaining to trauma-focused care within healthcare organizations for the center
- Represented the program within the community through panel, workshop, educational training, and presenting opportunities
- Maintained therapeutic, assessment and contact documentation of experiences through eCW electronic system

**The Wendt Center for Loss and Healing, Washington, D.C.**

**June 2015 – December 2017**

*RECOVER Team member*

- Contracted through the Office of Chief Medical Examiners (OCME) to provide acute crisis management for clients who come to OCME in order to identify their loved one's deceased body through a photo ID process
- Assisted clients in paperwork pertaining to identification and counsels around their emotional process after viewing the photograph of their deceased loved one
- Provided written resources about funeral arrangements, cremation services, burial assistance and other services within the city

**STABLE Families, Washington, D. C.**

**July 2015 – June 2017**

*Part-Time Individual and Family Therapist*

- Contracted through The Wendt Center for Loss and Healing, in partnership with Whitman Walker Health, as a part-time therapist to provide therapy to children and adults who have been affected with HIV and AIDS and create steady healthy environments for emotional and mental growth
- Used elements of play, art and talk therapy in order to build rapport and process experiences around HIV/AIDS diagnosis, disclosure of status to family and friends, depression, stress, etc.
- Maintained therapeutic and contact documentation of experiences through Apricot electronic system

**American Medical Students Association (AMSA) National Sexual Health Scholars Program, Online Facilitator Coordinator**

**August 2015 – March 2016**

- Recruited 12-14 small group facilitators who are graduate students or affiliates of the Widener University Graduate Program in Human Sexuality, or other recognized sexual health educators in their field to facilitate small sexual health-based education groups with medical students
- Organized a one-time facilitator training workshop online to help introduce small group facilitators to the program as well as distribute lessons and information
- Maintained regular communication with the facilitators to help with small group logistics, obtaining feedback from the facilitators, and providing scholar feedback to facilitators

**American Medical Students Association (AMSA) National Sexual Health Scholars Program, Online Co-Facilitator**

**October 2014 – March 2015**

- Using curriculum provided, a co-facilitator and I conducted two-hour group sessions online approximately every two weeks to in order to address the lack of knowledge and skills training of medical students around sexual health and sexuality concerns
- Completed course evaluations for medical students in order to monitor their progress within the program
- Rewarded role of *Facilitator Coordinator* for the year 2015-2016

**API Associates Inc., Washington, D.C.**

**August 2011- January 2015**

*Contract Therapist; Diagnostician*

- Provided in-home and community-based psychotherapy to either individuals or families in urban settings
- Developed therapeutic goals centered on the presenting problems of the clients
- Prepared progress notes and monthly reports to insurance companies and the organization to track client's success
- Evaluated and diagnosed children and adults for therapeutic services to ensure proper and accurate care; the DSM-IV and V are used to determine diagnosis of symptoms

**Maryland Family Resources, Landover, M.D.**

**July 2011 – May 2014**

*Contract Therapist; Diagnostician*

- Provided in-home and office-based therapy for clients who enroll for service through self-referral or through a core service agency
- Created a comprehensive treatment plan with clients in order to plan to work toward therapeutic treatment goals
- Completed progress notes, monthly notes and insurance paperwork in order to ensure proper documentation and accountability
- Evaluated and diagnosed children and adults for therapeutic services to ensure proper and accurate care; the DSM-IV and V are used to determine diagnosis of symptoms

**Renaissance Adult Day Health Care Center, Washington, D.C. November 2011 – April 2014**  
*Social Worker*

- Provided needs assessment for clients who ages 50 and above to help meet transportation, food, utility and other needs
- Connected clients to outside resources and services within the community, if needed
- Monitored and helped floor staff maintain proper behavior and safety protocol within the center

**Supportive Solutions, Inc., Metropolitan area August 2011 - December 2013**  
*Crisis Support Consultant*

- Provided crisis response to national level EAPs and corporations on an as needed basis, with issues ranging from reductions-in-force, employee death/suicide/accident, natural disasters or robberies
- Met with group of affected employees or management for group or individual sessions if needed on site
- Offered EAP materials to companies and makes employees aware of what their EAP benefits are if they need additional assistance

**First Home Care, Washington, D.C. January 2011 - June 2011**  
*Community Based Intervention (CBI) Clinical Supervisor*

- Scheduled staff, assigned duties, and provided weekly supervision to a team of seven CBI case workers
- Developed appropriate systems and procedures for safely intervening in crisis situations and providing services to clients referred to the program
- Provided coordination and backup to assure that 24 hour, on call crisis intervention services are available and delivered to clients
- Supervised the treatment planning process and implementation by the case worker

**Unitarian Universalist Church of Rockville (UUCR), Rockville, M.D. December 2010 - March 2012**

*Program Coordinator for the Rainbow Youth Alliance (RYA) LGBTQI Teen Support Group*

- Attended and provided leadership and plan programming for RYA meetings for LGBTQI teens and their allies ages 14-18 years old
- Helped with publicity in the community for public events, such as an annual benefit concert and Valentine's Day dance, through various websites and media
- Bridged communication and a partnership between the UUCR and RYA, such as volunteer recruitment and writing articles in the monthly UUCR newsletter

**First Home Care, Washington, D.C. July 2010 – January 2011**  
*Flex Therapist*

- Provided in-home and off-site individual and family therapy to children ages 6-18 in the Washington, DC/Maryland area
- Collaborated with case and community support workers to implement wrap-around services for clients' personal, family and environmental health
- Prepared weekly goals and progress notes to properly monitor clients' success

**The Wendt Center for Loss and Healing, Washington, D.C. November 2008 – June 2010**  
*Contract Therapist*

- Led a Children's Grief Group for ages 10-13 around issues of loss, healing, processing and appropriate coping skills through group dynamics, support and therapeutic art exercises



- Provided services and referrals for additional support for parents and families
- Volunteered as a “Red Shirt” member of the mental health team for the center's annual Forget-Me-Not/Camp Erin DC Grief Summer Camp for children ages 6-16

**High Road Upper School, Washington, D.C.**

**August 2007 – January 2011**

*School Social Worker*

- Provided individual and group therapy to students labeled emotionally-disturbed and learning-disabled
- Applied school-wide behavior modification strategies and management techniques, such as point sheets and incentive programs
- Helped lead Individual Education Plan (IEP) meetings and prepared documents to insure students' academic success within the Special Education setting
- Supervised licensed graduate social workers and staff to insure execution of proper clinical techniques

**Family Support Center, Bethesda, M.D.**

**August 2006 – June 2007**

*School Social Worker*

- Provided daily crisis intervention and support for middle school-aged children
- Presented various workshops and trainings about self-esteem, sexuality and bullying to schools in Montgomery County, MD
- Created monthly newsletter to inform alternative school community about events in specific programs

**Northern Virginia Detention Home, Alexandria, V.A.**

**September 2005 – December 2005**

*Detention Specialist*

- Maintained and observed detainees to establish discipline control and detect potentially dangerous or deceptive acts
- Completed intakes and releases of detainees
- Evaluated behavioral information pertinent to the detainees' behavior

**Orcutt Baptist Church School, Newport News, V.A.**

**Summers 2001 – 2004**

*Camp Counselor*

- Supervised campers ranging in ages 3 - 12 years old
- Organized activities for outdoor playtime and created lesson plans for campers
- Communicated frequently with parents of campers regarding student progress and safety

## **PRESENTATIONS AND TRAININGS**

*Invited Lectures – Guest speaking opportunities, particularly on sexuality, gender, and race*

1. Thomas, S. (2022, February). *The Role of Community in Self-Discovery, Resiliency & Alienation* [Guest Speaker]. University of Maryland School of Social Work, Online
2. Thomas, S. (2021, June). *Applying Our Whole Selves: Discussing Nuances of Racism and the LGBTQIA+ Community* [Guest Speaker]. Boston Scientific, Online
3. Thomas, S. (2021, June). *How to be an Effective Ally* [Guest Speaker]. Encore Outpatient Services, Arlington, V.A.

4. Thomas, S. (2021, June). *The Vicarious Resilience: Sustaining Yourself in the Work* [Co-Facilitator]. Berlin Rosen for The Wendt Center for Loss and Healing, Online
5. Thomas, S. (2021, June). *Trauma-Informed Sexual Health Practice (and you!)* [Guest Speaker]. Everybody Deserves Sex Ed (EDSE), Online
6. Thomas, S. (2021, June). *Bringing Our Whole Selves to the Table: Exploring the Nuances of Racism and the LGBTQIA+ Community* [Guest Speaker]. Boston Scientific, Online
7. Thomas, S. (2021, May). *The Corner: Where Race, Sexuality and Mental Health Meet* [Guest Speaker]. Active Minds, Inc., Online
8. Thomas, S. (2021, January). *We All Mess Up (and That's Ok!): Addressing the Stumbling Blocks of LGBTQ+T Inclusivity in Practice*. [Guest Speaker]. Finding Freedom: Expanding Perspectives in LGBTQI+ Mental Health & Addiction Treatment, Online
9. Thomas, S. (2020, October). *Beyond the 101: Nuances in Therapeutic Settings with LGBTQ+ Populations* [Guest Speaker]. Unraveling the Acronym: Understanding LGBTQIA+2 Experiences and Subcultures, Online
10. Thomas, S. (2020, September). *Chronic Pain, Mental Health and Self-Care in the Time of COVID-19* [Guest Speaker]. Endo Queer Summit, Online
11. Thomas, S. (2019, April). *Your Presence as a Change Agent: Creating Safer Learning Spaces Online in Higher Education* [Guest Speaker]. Scholars of Color Conference, Temple University, Philadelphia, P.A.
12. Thomas, S. (2019, January). *Rainbow is the New Black: A 101 Inclusive Guide to the ABCs of Gender and Sexuality for all Bodies* [Guest Speaker]. University of Southern California, Online
13. Thomas, S. (2018, May). *University of Southern California (USC)'s Adult Mental Health and Wellness - Diversity, Equity and Inclusion (AMHW-DEI) Committee Presents: Honoring Our Stories* [Guest Speaker]. University of Southern California, Online
14. Thomas, S. (2017, February). *Trauma Informed Care with Queer, Trans and Gender Expansive Folks* [Guest Speaker]. Us Helping Us People Into Living, Inc., Washington, D.C.
15. Thomas, S. (2016, April). *I Want to Be a Unicorn! The Hustler's Guide to Creating the Career You Want* [Guest Speaker]. Widener University, Chester, P.A.
16. Thomas, S. (2010, May). *Living Life, Living Healthy* [Guest Speaker]. Workshop for Women sponsored by Verbal Elations, Warrenton, N.C.
17. Thomas, S. (2007, October). *What's Love Got to Do With It?: Boundaries and Intimate Relationships* [Guest Speaker]. Virginia State University, Petersburg, V.A.

*Guest Facilitated Trainings – Training opportunities with the collective goal of shifting knowledge, skills, and behaviors in practice*

1. Thomas, S. (2022 July). *The Ethical Uphill Battle: Examining Our Therapeutic Ethics in an Ever-Changing World*. [Guest Facilitator]. Wendt Center for Loss and Healing, Online
2. Thomas, S. (2022, June). *Discrimination and Microaggressions in LGBTQIA+ Client Mental Health: Applying Intersectionality as a Framework to Clinical Treatment*. [Guest Facilitator]. LGBTQIA+ Summit: Breaking Down the Barriers to Inclusive Mental Health Care and Connection. PESI, Inc., Online
3. Thomas, S. (2022, June). *Exploring the Nuances of Racism Within, and Toward, the LGBTQ+ Community: A Clinical Discussion* [Guest Facilitator]. Georgetown Psychology, Washington, D.C., Online
4. Thomas, S. (2021, October). *Part 1- Unraveling the Acronym: 101 Understanding LGBTQIA+ Experiences in Social Work Practice* [Facilitator]. Clinical Social Work Caucus and Queer Alliance Caucus, University of Southern California, Online
5. Thomas, S. (2021, October). *Part 2: Beyond the 101- Exploring Nuances in Therapeutic Settings with LGBTQIA+ Populations* [Facilitator]. Clinical Social Work Caucus and Queer Alliance Caucus, University of Southern California, Online
6. Thomas, S. & Eldredge, R. (2021, October). *Combined Affinity Group Discussion* [Group Co-Facilitator], Acacia Counseling and Wellness, Online
7. Thomas, S. (2021, October). *BIPOC Affinity Group*. [Facilitator]. Acacia Counseling and Wellness, Online
8. Thomas, S. (2021, September). *Trauma-Informed Sex Ed Strategies: Addressing Your Needs in the Work* [Facilitator]. Upstream Arts, Online
9. Thomas, S. & Prusator, E. (2021, August). *Sustaining During Uncertainty* [Group Co-Facilitator]. Bread for the City, Online
10. Thomas, S. (2021, March). *We All Mess Up (and That's Ok!): Addressing the Stumbling Blocks of LGBTQ+T Inclusivity in Practice* [Facilitator]. Wendt Center for Loss and Healing, Online
11. Thomas, S. (2021, February). *Intersectionality: The Sum of Our Parts*. [Facilitator]. Seneca Family of Agencies, Online
12. Thomas, S. & Bailey, V. (2020, August). *You're Gonna Get It Wrong (and That's Okay) - A Gender Inclusive Training for All Bodies*. [Co-Facilitator]. University of Rhode Island, Online
13. Thomas, S. & Bailey, V. (2020, January). *You're Going to Get It Wrong (And That's Ok): Gender Inclusive Training for All Bodies*. [Co-Facilitator]. Southern Connecticut State University, Online
14. Thomas, S. (2019, September). *Creating an Inclusive Environment for All Employees* [Facilitator]. Eat Restaurant Partners, Richmond, V.A.
15. Thomas, S. (2019, September). *Trauma-Informed, Trans-Inclusive Care for All Bodies* [Facilitator]. Jewish Coalition Against Domestic Abuse (JCADA), Bethesda, M.D.

16. Thomas, S. & Bailey, V. (2019, July). *Training and Strategic Planning Session: Trauma-Informed, Trans-Inclusive Healthcare for all Bodies*. [Co-Facilitator] Princeton University, Princeton, N.J.
17. Thomas, S. & Woodland, E. (2018, June). *Member Network Gathering* [Co-Facilitator]. Allied Media Conference, Detroit, M.I.
18. Thomas, S. (2018, March). *Grief and Loss Consultation for "In Lieu of Flowers" Production* [Facilitator]. Washington Improv Theater, Washington, D.C.
19. Thomas, S. (2017, December). *What are Your Pronouns Again? – Making Classrooms Sex and Gender Inclusive for all* [Facilitator]. District of Columbia Public Schools (DCPS). Washington, D.C.
20. Thomas, S. (2017, November). *Facilitated Discussion about Black Health Project with Medical Providers* [Facilitator]. Whitman-Walker Health, Washington, D.C.
21. Thomas, S. (2017, July; 2015, June & July). *Their Questions, Our Discomfort: Conversations with Clients and Ethical Considerations* [Facilitator]. Clinical Social Work Services, LLC, Hyattsville, M.D.
22. Thomas, S. (2017, July). *Bois will be Bois: Deconstructing Masculine Roles for Feminine Bodies* [Facilitator]. Masculine of Center (MOC) Conference, Washington, D.C.
23. Thomas, S. (2017, February). *Unconscious Bias Workshop and Staff Training* [Facilitator]. Year-Up NCR. Crystal City, V.A.
24. Thomas, S. (2015, June & July). *Speaking Out and Loud: Working with Queer (LGBTQI) Black and Brown Women* [Facilitator]. Clinical Social Work Services, LLC, Hyattsville, M.D.
25. Thomas, S. (2015, March). *National Association of Social Workers (NASW): Virginia Annual Conference - Rainbow is the New Black: A Mental Health Professional's Guide to Working with LGBTQI Folks* [Conference Presenter]. Williamsburg, V.A.
26. Thomas, S. (2015, January, June & July). *The Human Sexuality Class You Never Had (But Wish You Did!)* [Facilitator]. Clinical Social Work Services, LLC, Hyattsville, M.D.
27. Thomas, S. (2014, December). *Rainbow is the New Black: A Mental Health Professional's Guide to Working with LGBTQI Folks*. [Facilitator]. 1 Live 1 Love, Inc., Newport News, V.A.
28. Thomas, S. (2014, March). *National Association of Social Workers (NASW) - Virginia Annual Conference: It's Not About You: Privilege, Boundaries and Self-Care* [Conference Presenter]. Williamsburg, V.A.
29. Thomas, S. (2013, October). *Speaking Out and Loud: Working with Queer (LGBTQI) Black and Brown Women* [Facilitator]. Clinical Social Work Services, LLC, Hyattsville, M.D.
30. Thomas, S. (2013, August). *It's Not About You: The Service Provider's Responsibility Within Privilege and Boundaries & the Use of Self-Care* [Conference Presenter]. Pedagogy of Privilege Conference at University of Denver School of Social Work, Denver, C.O.

31. Thomas, S. (2013, June). *It's Not About You: The Service Provider's Responsibility of Boundaries & the Use of Self-Care in Work with Queer Youth* [Conference Presenter]. Connecting Rainbows Youth Initiative Sponsored by the Child and Family Services Agency, Washington, D.C.
32. Thomas, S. & Johnson, N. (2013, February). *The Power is Already Within Us: The Brown Community within Rape and Sexual Violence Culture* [Conference Co-Presenter] Brown Girls Collective sponsored by Gallaudet University, Washington, D.C.
33. Thomas, S. (2012, March). *Boundaries: It's Not About You* [Conference Presenter]. Visions of Feminism Conference: Reclaiming Our Bodies - Confronting Oppression & Celebrating Ourselves, The Women's Gender & Sexuality Studies Program at American University, Washington, D.C.
34. Thomas, S. (2012, March). *The Power of No/The 5 Respects of Self-Care* [Group Facilitator]. Round Edges, Washington, D.C.
35. Thomas, S. (2011, May). *LGBTQ Person of Color Community Special Concerns - Supporting LGBTQ Youth: Community Needs and Resources* [Group Facilitator]. Cedar Lane Unitarian Universalist Congregation, Bethesda, M.D.
36. Thomas, S. (2016, November). *Lead Me, Guide Me: HBCU Leadership Summit* [Facilitator]. Human Rights Campaign (HRC), Washington, D.C.
37. Thomas, S. (2008, 2009, August). *Boundaries: It's Not About You* [Staff Trainer/Group Facilitator]. High Road Upper School, Washington, D.C.
38. Thomas, S. (2007, January). *Intimate Human Behavior Course* [Group Facilitator]. University of Maryland School of Medicine, Baltimore, M.D.

*Invited Panels – Requests from organizations and institutions to speak in partnership with 2 or more people in front of a group or large audience*

1. Thomas, S., Kuhn, R., Fielding, L., Radzilowski, S., & Jimenez-Pride, C. (2022, July). *Post Conference Q & A Panel. LGBTQIA+ Summit: Breaking Down the Barriers to Inclusive Mental Health Care and Connection*. PESI, Inc., Online
2. Thomas, S., Fomby, S., Robinson, L., & Brown, S. (2022, March). *Resilience 2.0: Finding Balance in Your Life (A Black Woman's Survival Kit)*. The Links Incorporated, Columbia, MD Chapter. Online
3. Thomas, S. & Paulson, S-J. (2022, March). [Selected Guest Panelist]. *Compassion Fatigue: Classroom Care and Exhaustion*. South by Southwest SXSW. Austin, TX. **Declined due to pandemic**
4. Thomas, S. (2022, February). *Pride Committee Presents - Lunch & Learn: Exploring the Nuances of Intersectionality*. University of Maryland Smith School of Business, Online.
5. Thomas, S., Westgate, L., Teetermoran, L., & Moore, R. (2021, October). [Guest Panelist]. *Beyond Pronouns: Creating Inclusivity for LGBTQ*. University of Maryland, Online

6. Thomas, S., Tolan, J., & Montgomery, C. (2021, September). *Psychological Safety as an Issue of Equity* [Guest Panelist]. University of Southern California, Online.
7. Thomas, S., Shapiro, A., Hikes, A., Kibben, K. (2021, June). "Pride: More than a Month" [Guest Panelist]. National Public Radio (NPR), Online
8. Thomas, S. (2021, April). *Excuse Me, I'm Speaking: Navigating Professional Spaces as Black Womyn Professionals*. [Guest Panelist]. University of Southern California, Online
9. Thomas, S. (2021, April). *Out at Work*. [Guest Panelist]. Ex Lapid, Virginia Tech, Online
10. Thomas, S. (2021, April). *Trans + GNC Intimacy Discussion*. [Guest Panelist]. University of Virginia, Online
11. Thomas, S., James, M., Sinha, S., & Dole, T. (2020, July). *Mental Health in Queer & Trans BIPOC Communities*. [Guest Panelist]. Human Rights Campaign, Online, <https://www.youtube.com/watch?v=fDbPeSfJd7o>
12. Thomas, S. & Rivera, I. (2020, May). *Healing Isn't Linear: DC Black Pride Presents "Black in Space" (Online Black Pride Celebration)*. [Guest Panelist]. DC Black Pride, Online
13. Thomas, S., Rodriguez, A., Lowe, D. M., & Coldman, Y. (2020, March). *Create A Gender Affirming and Inclusive Praxis*. [Guest Panelist]. Columbia University School of Social Work, Online
14. Thomas, S., Hopgood, J., & Walker, M. (2019, June). *Raising 'They-bys': Discussions on Family Creation & Black Queer Conscious Parenting [Conference Co-Presenter]*. American Association for Sex Educators, Counselors and Therapists (AASECT) 2019 Annual Conference, Philadelphia, P.A.
15. Thomas, S. (2019, April). *Caregiver Support Group* [Guest Panelist]. Safe Shores DC, Washington, D.C.
16. Thomas, S. (2019, April). *A-ha Moment (Achieving Hope and Awareness) presents film screening of "Rashōmon"*. [Guest Panelist]. AFI Silver Theatre and Culture, Washington, D.C.
17. Thomas, S. (2019, March). *Social Action Day: Class of 2019 Youth Leadership Program*. [Guest Panelist]. Leadership Greater Washington, Washington, D.C.
18. Thomas, S. (2021, March). *Celebrating Gender Diversity* [Guest Panelist]. University of Southern California, Online
19. Thomas, S. (2019, March). *Talkback: Equality Forum presents film screening of 'Room to Grow'*. [Talkback Co-Moderator]. Human Rights Campaign (HRC), Washington, D.C.
20. Thomas, S. (2018, April). *Women Empowerment Panel: From the Cubicle to the Corner Office: Women in Leadership*. [Guest Panelist]. Year Up, Crystal City, V.A.
21. Thomas, S. (2018, March). *Let's Talk about Sex: The Impact of Sexual Violence on the Sex Lives of Survivors* [Guest Panelist]. University of Maryland, College Park, M.D.

22. Thomas, S. (2016, September). *Careers in Sexuality Conference: Shh! Sexual Taboos: Exposing the Unspoken* [Guest Panelist]. Widener University, Chester, P.A.
23. Thomas, S. (2016, April). *Rainbow Youth Alliance (RYA) 10<sup>th</sup> Anniversary Celebration* [Guest Speaker]. Unitarian Universalist Congregation of Rockville, Rockville, M.D.
24. Thomas, S. (2016, February). *Libido Talk Presents: SEX Rules- Are Rules Made to be Broken?* [Guest Panelist]. Serendipity Jazz Coffeehouse, Washington, D.C.
25. Thomas, S., Thomas, W., Woodland, E., Johnson, N. & Hart, E. (2015, October). *The Secret's 'Out': Queer Professional Allyship, Affirmation of Presence, and the Question of Self-Disclosure* [Guest Panelist]. The Association of Black Sexologists and Clinicians, Philadelphia, P.A.
26. Thomas, S. & Woodland, E. (2015). *Rainbow is the New Black: Health and Mental Health of LGBTQI People* [Co-Facilitator]. University of Southern California, Online
27. Thomas, S. (2011, November). *International Transgender Day of Remembrance* [Guest Speaker]. New Creation Baptist Church, Wheaton, M.D.

## MEDIA FEATURES

**VlogCast Feature: Humanized: “Equitable but not Equal” feat. Dr. Shanéa Thomas** **May 2022**  
*Featured Guest*

Hosted by acclaimed journalist Blue Telusma (Bluecentric), I was an invited guest during Mental Health Month and coping during the crisis.

**Article: “Dr. Shanéa Thomas Creates a Better World for LGBTQ+ People Through Education and Training”**

**July 2022**

*Profiled Guest*

<https://sph.umd.edu/news/dr-shanea-thomas-creates-better-world-lgbtq-people-through-education-and-training>

This article was an introduction to joining the Prevention Research Center at University of Maryland (College Park) as their new LGBTQ+ Training Specialist and Assistance Clinical Research Professor, featuring my work and perspectives around training and LGBTQ+ mental health

**Article: “Everyday Health Celebrates Black Queer Heroes”**

**June 2022**

*Featured Guest*

<https://www.everydayhealth.com/emotional-health/everyday-health-celebrates-black-queer-heroes/>

Through the international publication, *Everyday Health*, Krystal Kavita Jagoo featured Black Queer Heroes to honor Pride Month

**Article: “What Queer Individuals with Marginalized Identities Hope You Recall After Pride”**

*Featured Guest*

**June 2022**

<https://www.verywellmind.com/what-queer-individuals-marginalized-identities-hope-you-recall-after-pride-5443075>

Through the international publication, *Everyday Health*, Krystal Kavita Jagoo quoted me as a clinician speaking about the meaning of Pride Month for queer folks.

**Article: “Power Rangers: The Road of Queer Representation”**

**March 2022**

*Featured Guest*

Featured on the media platform, Den of Geek, writer Shamus Kelley interviewed me to speak about how queer representation makes a difference in media, particularly in the evolution of the TV franchise, Power Rangers

**Instagram Live: “Using Pop Culture in Therapy”****June 2021***Featured Guest*

With fellow social worker Aida Manduley, I joined their IG Live event to speak about how to use pop culture and contemporary references in order to help build a relationship with clients, students and patients within a therapeutic setting.

**University of Southern California School of Rossier****May 2021****“What do we leave behind? A therapist talks death, legacy and burnout”***Student Feature*

Selected as the Doctoral Graduate Student Speaker for the School of Education’s graduating class of 2021, I was offered a feature on the school’s website to speak more about my experiences as a therapist, my work in grief and loss, and how legacy is important to diversity, equity and inclusion work.

<https://rossier.usc.edu/what-do-we-leave-behind-a-therapist-talks-death-legacy-and-burnout/>

**NBC 4 Los Angeles “Meghan Markle Discusses Mental Health”****Live Television Interview****March 2021***Guest Mental Health Expert*

Representing University of Southern California’s Suzanne Dworak-Peck’s School of Social Work, I was asked about suicide awareness and prevention post-Oprah Winfrey’s publicized interview with Meghan Markle.

**Instagram Live: “Mental Health Over the Holidays”****Whitman-Walker Health (Instagram)****December 2020***Featured Guest*

On the site’s Instagram page, I was invited, with a co-facilitator, to speak about how people can care for themselves over the holidays during the COVID-19 pandemic.

**Instagram Live: “Caring for Ourselves: Winter is Coming”****Whitman-Walker Health (Instagram)****November 2020***Featured Guest*

On the site’s Instagram page, I was invited, with a co-facilitator, to speak about caring for oneself after the 2020 Presidential Election, through recognizing symptoms of distress and anxiety, as well as self-care techniques to be mindful of during the COVID-19 pandemic.

**Tagg Nation****Episode 94 – The Gag: Exploring Mental Health in the LGBTQ Community****May 2018***Guest Podcast Interview*

I was invited by Tagg Nation, which is a division of Tagg Magazine (a media resource geared toward gay, lesbian and queer folks) to speak during Mental Health Month about therapy and self-care and how to access mental health resources for those a part of the population.

<http://www.taggnation.com/episode-94-mental-health-shanea-thomas/>

**National Association of Social Workers (NASW) Vol. 62, No 4****April 2017****“Members showcase social work at its best”***Newsletter Feature*



NASW covered the Slate: Working podcast within their monthly newsletter to highlight social workers being visible within the media and being recognized for our work.

[http://www.socialworkers.org/pubs/news/2017/4/from\\_the\\_president.asp](http://www.socialworkers.org/pubs/news/2017/4/from_the_president.asp)

**Slate: “Working” – The “How Does a Psychotherapist Work” Edition**

**February 2017**

*Podcast Feature*

Through the column, “Working” which features various jobs and descriptions of different people, I was given an opportunity to speak about my work with LGBTQ youth, social work as a profession, and how client and clinicians are taking care of themselves during the Trump administration.

[http://www.slate.com/articles/podcasts/working/2017/02/working\\_how\\_does\\_psychotherapist\\_shane\\_a\\_t\\_homas\\_work.html](http://www.slate.com/articles/podcasts/working/2017/02/working_how_does_psychotherapist_shane_a_t_homas_work.html)

**USC Annenberg TV News**

*Featured Expert Contributor*

**Ongoing**

Frequently used as an “expert” resource for newspaper articles in LGBTQI issues that affect people nationally and internationally.

**“Minorities face a unique fight with mental health”**

**by Sonali Seth for the Daily Trojan**

**November 2015**

Interviewed for additional perspective around people of color and their experiences around mental health.

<http://dailytrojan.com/2015/11/17/minorities-face-a-unique-fight-with-mental-health/>

**“Jewel's Catch One Disco's Demise Marks Era's End for L.A.'s Gay Blacks**

**By Tre'vell Anderson for the L.A. Times**

**March 2015**

Interviewed for additional perspective around the growing loss of black gay nightclub spaces across the country.

<http://www.latimes.com/entertainment/great-reads/la-et-c1-black-gay-clubs-20150316-story.html#page=1>

**“2013: A (rainbow) milestone year in LGBT history”**

**By Beau Yarbrough for The Sun**

**December 2013**

Interview about the year’s changing climate for LGBT rights for a larger collection of newstories for a national online publication

<http://www.sbsun.com/social-affairs/20131227/2013-a-rainbow-milestone-year-in-lgbt-history>

**WRITTEN MEDIA PUBLICATIONS**

**Posture Magazine: The Boss Issue, No. 3/16**

**January 2017**

*Feature Writer*

Penned feature article, “The Guide on How to Love the Movement and Still be Seen as Human” about the life and experiences of Black, Trans activist, Elle Hearn. This article gives spotlight not only to revolutionary work that Elle has committed herself to, but also a vulnerable look around aspects of love, life and existence for Black trans women.

<http://posturemag.com/online/the-guide-on-how-to-love-the-movement-and-still-be-seen-as-human/>

**The Association of Black Sexologists and Clinicians**

*Thought Leader Contributor*

**January 2015 – December 2016**

Scholars and clinicians share their thoughts, opinions, and scholarship about the continuum and fluidity of Black Sexuality and Relationships. This gives people the ability to not only increase visibility in their

work, but also give the opportunity to speak towards historic and contemporary issues that affect persons of African descent.

**OddFlower****August 2014**

An anthology writing project by a collective of self-proclaimed “quirky black girls” about their personal experiences about who they are and their perspective of the world.

[http://issuu.com/theoddflores/docs/oddfloresissue1\\_rv\\_pgs/1?e=1](http://issuu.com/theoddflores/docs/oddfloresissue1_rv_pgs/1?e=1)

**“Every Aspect of Our Health Deserves Attention: Physical, sexual, and mental health within the queer community”****January 2014****Tagg Magazine***Featured Columnist*

This article was featured during Tagg Magazine’s health issue to focus on LGBT sexual, physical and mental health, with a special focus on women of color.

<http://taggmagazine.com/lgbt-physical-sexual-mental-health/>

**“Lessons From My First Transgender Day of Remembrance****November 2013****Huffington Post: The Blog***Featured Columnist*

A reflective essay speaking about my first Trans\* Remembrance Day ceremony and all of our roles and responsibilities in the protection and safety of transpeople.

[http://www.huffingtonpost.com/shanea-thomas/transgender-day-of-remembrance\\_b\\_4304964.html](http://www.huffingtonpost.com/shanea-thomas/transgender-day-of-remembrance_b_4304964.html)

**Bauce (Formerly The Liberette), Online****September - November 2011***Contributor*

Contributed articles to website geared toward the concerns, thoughts and feelings of Black women in society

**Brotherhood TV, Online****2011***Contributing Columnist*

Volunteer columnist and giving the “female perspective” on letters sent into the staff and webshow BrotherhoodTV.com, a website aimed at Queer men of color (particularly in the Black and Latino community)

**Bluecentric.com****May 2010***Contributing Writer*

“Screeching High Notes” – an article featured on the premiere entertainment and art website Bluecentric.com about the recent Washington, D.C tragedy about the killing of a beloved middle school principal and the focus on sexuality

**ASSOCIATION MEMBERSHIPS AND LICENSES***Current:*

American Educational Research Association (AERA) (Graduate Student Member)  
Licensed Clinical Social Worker – Virginia

**2019 -****2021-****2014-2017**

Licensed Clinical Social Worker – Maryland

**2010 -****\*Approved Supervisor****2014 -**

Licensed Clinical Social Worker – Washington D.C. **2009-**  
National Association of Social Workers (NASW) **2005 -**

*Past:*

USC's Organizational Change and Leadership (OCL) Ad-Hoc Student Committee Graduate Student  
Member (Elected by Student Body) **2020-2021**  
American Association of Sex Educators, Counselors, and Therapists (AASECT) **2005 - 2008**  
**2014 – 2017**  
**2019 - 2020**  
National Queer & Trans Therapists of Color Network (Advisory Board Member) **2016 - 2020**  
Greater Washington Society of Clinical Social Workers **2010 – 2011**  
International Psychotherapy Institute (IPI) **2005 - 2007**  
School Social Workers in Maryland and D.C. (SSWIM & DC) Member **2006 - 2007**  
Parliamentarian, School of Social Work's (HU) Student Government Association **2005 - 2006**

**PAST RELEVANT INTERNSHIP**

**Episcopal Center for Children, Washington, D.C. September 2005 – July 2006**

*Graduate Internship*

- Engaged in individual therapy with dually-diagnosed elementary-aged children (for example Attention Deficit Disorder, Oppositional Defiance Disorder, Depression, etc.)
- Performed family and individual therapy sessions with parents and guardians of students
- Prepared progress notes, assessments, and IEPs for students

**CHOICE Academy/DC Public Schools, Washington, D.C. September 2004 – June 2005**

*Graduate Internship*

- Prepared process recordings and counselor notes for psychosocial and educational assessments
- Performed initial intake interviews with incoming clients and their families
- Facilitated group and individual counseling sessions for middle school students (ages 11-17) who were suspended from their home schools for 45 days or more
- Co-led grief and counseling group for select students

**SPECIAL INTERESTS AND FEATURED EVENTS**

**The Vagina Monologues, Washington, D.C. February 2014**

*Actress*

Produced by Bluecentric Productions; co-acted with a cast of all queer women of color to bring to life the famous V-Day play at Busboys and Poets.

**Visions of Feminism, Washington, D.C. 2010-2011**

*Collective Member*

Visions in Feminism is a Washington, DC-based collective of people brought together by the common goals of social justice, feminism, and solidarity. Aside from the various fundraisers, concerts and speaking events, the collective holds an annual conference surrounding a different theme at American University. An Art Night is also held as a fundraiser to support a local organization, H.I.P.S, a comprehensive program providing a variety of services, education and advocacy to sex workers and the community.

**The Vagina Monologues**, Washington, D.C.

**February 2010**

*Actress*

Co-acted with a cast of all queer women of color to bring to life the famous V-Day play, which helped raise money for a local women's shelter

**"Artsy Fartsy: Rock and Soul"**, Washington, D.C.

**July, September 2010**

*Featured Artist*

Along with various visual artists, music performers, and spoken word artists, my art was featured and sold at these public events